

Get to Know Me

Hello! My name is Erika Olivas I have been an Energy Healer for over 6 years practicing various healing modalities including Emotion Code, Core Light Healing, and Sound Therapy. What makes me unique in the healing world is that I know the value psychology has on your healing journey. By connecting mind, body, and spirit, we connect with every aspect of our being for long-lasting change and ultimate healing. Using Energy Healing, practical tools, and easy-to-follow steps, we see shifts after each session. I aim to provide a welcoming, safe, and compassionate environment for each individual to express themselves and let go of trauma, limiting beliefs, and old patterns. Together we work toward your goals to create the life you want to live.

Resources:

- Emotion Code By Dr. Bradley Nelson
- Core Light Healing By Barbra Ann Brennen
- Brene Brown
- Empowered Wife By Laura Doyle
- The 4 Agreements By Don Miguel Ruiz
- Matthew Hussey
- Tony Robbins

Follow My YouTube Channel



Contact Information

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Website: aurorahearthealing.com

Schedule your session at

<https://AuroraHeartHealing.as.me/>

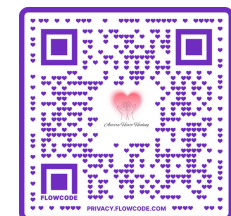


Aurora Heart Healing



Healing body, mind, and soul

Learn more by visiting my website at aurorahearthealing.com or scan the QR Code below



Session Options

Individual Healing Sessions

In this one-hour session, we identify what is blocking your natural flow of energy. Together we release trapped emotions leaving you feeling lighter and happier after each session.

Under Age 21

Provided to children, teens, and young adults at a discount to help them learn to recognize and balance their emotions. In each session, I will teach tools to help identify and process emotions safely and effectively. After each session resources and simple practices are emailed as support on their journey of self-discovery. Together we will build emotional resilience for emotional maturity and growth.

Sound Bath Healing

Enjoy this facilitated meditation with high-frequency singing bowls, drumming, and rain sticks. Enjoy relaxation as I play various sounds in a private or group setting. Sound healing is proven to alleviate stress, physical pain, and anxiety. Come and enjoy an hour of relaxation and facilitated meditation!

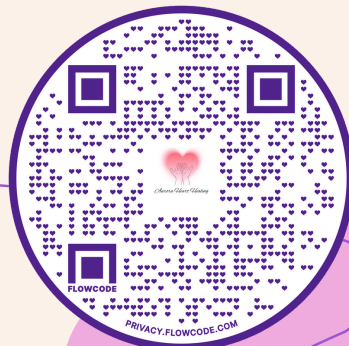
Services



Services	Price
Group Sound Bath	\$25
Individual Session	\$143
Under Age 21 Sessions	\$66
Private Sound Bath	\$143

Schedule Today!

<https://AuroraHeartHealing.as.me/>



Testimonials

What real people have to say

Erika found things I didn't even know existed. The blocked energies and emotions that I couldn't identify but knew were there.

She helped bring life back into my self worth and helped me with a plan to stay in a space of healing. I am so thankful for the time we spent together working on this.

-Kyndra W

Absolutely amazing, every experience I have had here has been life changing. 10000% recommend

-Lowri G

Erika has such an incredible gift. The way she can tap into your energy and help you heal from past traumas is incredible! I couldn't believe how in tune she was with my emotions and her ability to help me release them. I would highly recommend Erika

-Sharon S

